



Black Rock Church Counseling Referral Resources (Effective October 2018)

Unless listed, please contact the counselor for accepted insurance providers.

Fairfield: Renew Counseling Associates – Dr. Jeffrey W. White, Director

Insurances: Aetna, Anthem & Medicaid/Husky

Appointments & Information: 203.450.2665

Email: renewcounselingdirector@gmail.com

Website: www.renewcounselingassociates.com

Donna Alves – Licensed Pastoral Counselor, Certified Temperament Counselor

Insurances: Out-of-network, coverage varies according to individual insurance plans

Appointments: 203.218.6678

Email: donna@donnaalvescounseling.com

Website: www.donnaalvescounseling.com

Beth Thompson – Licensed Professional Counselor

Appointments: 203.450.5804

Email: bthompsonlpc@gmail.com

Noelle J. Zeller – Licensed Clinical Social Worker

Insurances: Anthem, Cigna & Husky

Appointments: 203.722.5947

Email: noellejz76@gmail.com

Milford: Jenny Currie – Licensed Professional Counselor

Appointments: 203.293.8554

Email: curriejenny82@gmail.com

Website: www.jennycurriecounseling.org

Monroe: Amy Vales at Key Therapy – Licensed Marriage & Family Therapist

Insurances: Aetna, Anthem, Cigna, Husky, UnitedHealthcare

Appointments & Information: 203.814.1850

Email: avales@keytherapyllc.com

Website: www.keytherapyllc.com

Norwalk: Christian Counseling Center of Norwalk

Appointments: 203.846.4626

Email: ccctherapy@earthlink.net

Website: www.christiancounselingcenter.us

Shelton: The Family Counseling & Mediation Center, LLC

Karlene Chisholm – Licensed Marriage & Family Therapist

Insurances: Aetna, Anthem, Espyr, Husky

Appointments: 203.925.7727 or KarlaMFT2001@aol.com

Stratford: Non-Judgmental Christian Counseling – Julius Dudics, Director

Appointments: 203.243.7714

Email: jdudics@optimum.net

Trumbull: Safe Harbor Christian Counseling of CT – Robert Hutter, MA, LPC, Director

Appointments: 800.305.2089, ext. 407

Email: rob@safeharborct.com

Website: www.safeharborct.com

NOTE: Black Rock Church makes no recommendations regarding these listed counseling resources. Because effective counseling involves both counseling proficiency and a productive association between counselor and counselee, it is not possible to predict the outcome of a specific counseling relationship.