



# Black Rock Church Counseling Referral Resources

(Effective January 2020)

*Unless listed, please contact the counselor for accepted insurance providers.*

**Fairfield:** **Renew Counseling Associates – Dr. Jeffrey W. White, Director**  
Insurances: Aetna, Anthem, Husky, Medicaid  
Appointments & Information: Email preferred or 203.450.2665  
Email: [renewcounselingdirector@gmail.com](mailto:renewcounselingdirector@gmail.com)  
Website: [www.renewcounselingassociates.com](http://www.renewcounselingassociates.com)

**Beth Thompson** – Licensed Professional Counselor  
Insurances: Aetna, Anthem, Cigna & Husky  
Appointments: 203.450.5804  
Email: [bthompsonlpc@gmail.com](mailto:bthompsonlpc@gmail.com)

**Noelle J. Zeller** – Licensed Clinical Social Worker  
Insurances: Anthem, Cigna & Husky  
Appointments: 203.722.5947  
Email: [noellejz76@gmail.com](mailto:noellejz76@gmail.com)

**Milford:** **Jenny Currie** – Licensed Professional Counselor  
Appointments: 203.293.8554  
Email: [curriejenny82@gmail.com](mailto:curriejenny82@gmail.com)  
Website: [www.jennycurriecounseling.org](http://www.jennycurriecounseling.org)

**Monroe:** **Amy Vales at Key Therapy** – Licensed Marriage & Family Therapist  
Insurances: Aetna, Anthem, Cigna, Husky, UnitedHealthcare  
Appointments & Information: 203.814.1850  
Email: [avales@keytherapyllc.com](mailto:avales@keytherapyllc.com)  
Website: [www.keytherapyllc.com](http://www.keytherapyllc.com)

**Norwalk:** **Christian Counseling Center of Norwalk**  
Appointments: 203.846.4626  
Email: [ccctherapy@earthlink.net](mailto:ccctherapy@earthlink.net)  
Website: [www.christiancounselingcenter.us](http://www.christiancounselingcenter.us)

**Family Peace Center, Inc.**  
**Counselors: Matt Evans, Nancy Fujii**  
Appointments & Information: 203.762.6900  
Email: [office@familypeacecenter.com](mailto:office@familypeacecenter.com)  
Website: [www.familypeacecenter.com](http://www.familypeacecenter.com)

**Shelton:** **The Family Counseling & Mediation Center, LLC**  
**Karlene Chisholm** – Licensed Marriage & Family Therapist  
Insurances: Aetna, Anthem, Espyr, Husky  
Appointments: 203.925.7727  
Email: [KarlaMFT2001@aol.com](mailto:KarlaMFT2001@aol.com)

- Southport:**     **Karen Giunta** – Licensed Marriage & Family Therapist  
Certified EFT Therapist, Life Enrichment Coach  
Insurances: Husky, Medicaid  
Appointments: 203.856.9555  
Email: [kgiuntalmft@gmail.com](mailto:kgiuntalmft@gmail.com)  
Website: [www.transitionsandnewbeginnings.com](http://www.transitionsandnewbeginnings.com)
- Stratford:**     **Non-Judgmental Christian Counseling – Julius Dudics, Director**  
Appointments: 203.243.7714  
Email: [jdudics@optimum.net](mailto:jdudics@optimum.net)
- Trumbull:**     **Safe Harbor Christian Counseling of CT – Robert Hutter, MA, LPC, Director**  
Appointments: 800.305.2089, ext. 407  
Email: [rob@safeharborct.com](mailto:rob@safeharborct.com)  
Website: [www.safeharborct.com](http://www.safeharborct.com)

**NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.**