



Black Rock Church Counseling Referral Resources

(Effective January 2021)

Unless listed, please contact the counselor for accepted insurance providers.

- Fairfield:** **Renew Counseling Associates – Dr. Jeffrey W. White, Director**
Insurances: Aetna, Anthem, Husky, Medicaid
Appointments & Information: Email preferred or 203.450.2665
Email: renewcounselingdirector@gmail.com
Website: www.renewcounselingassociates.com
- Beth Thompson** – Licensed Professional Counselor
Insurances: Aetna, Anthem, Cigna & Husky
Appointments: 203.450.5804
Email: bthompsonlpc@gmail.com
- Monroe:** **Amy Vales at Key Therapy** – Licensed Marriage & Family Therapist
Insurances: Aetna, Anthem, Cigna, Husky, UnitedHealthcare
Appointments & Information: 203.814.1850
Email: avales@keytherapyllc.com
Website: www.keytherapyllc.com
- New Haven:** **Maria Diaz, CPLC** – Certified Professional Life Coach
Note: Visit our website for information about the value of life coaching services.
Appointments & Information: 317.966.8528
Email: maria.diaz@crownsministries.org
Website: www.crownsministries.org
- Norwalk:** **Christian Counseling Center of Norwalk**
Appointments: 203.846.4626
Email: office.ccctherapy@gmail.com
Website: www.christiancounselingcenter.us
- Family Peace Center, Inc.**
Counselors: Matt Evans, Nancy Fujii
Appointments & Information: 203.762.6900
Email: office@familypeacecenter.com
Website: www.familypeacecenter.com
- Shelton:** **The Family Counseling & Mediation Center, LLC**
Karlene Chisholm – Licensed Marriage & Family Therapist
Insurances: Aetna, Anthem, Espyr, Husky
Appointments: 203.925.7727
Email: KarlaMFT2001@aol.com
- Southport:** **Karen Giunta** – Licensed Marriage & Family Therapist
Certified EFT Therapist, Life Enrichment Coach
Insurances: Husky, Medicaid
Appointments: 203.856.9555
Email: kgiuntalmft@gmail.com
Website: www.transitionsandnewbeginnings.com

- Stratford: Non-Judgmental Christian Counseling – Julius Dudics, Director**
Appointments: 203.243.7714
Email: jdudics@optimum.net
- Trumbull: Safe Harbor Christian Counseling of CT – Robert Hutter, MA, LPC, Director**
Appointments: 800.305.2089, ext. 407
Email: rob@safeharborct.com
Website: www.safeharborct.com
- Waterbury: Deeper View Counseling, PLLC - Solomon Darko, MBA, LPC**
Insurances: Aetna, Anthem, Cigna, ConnectiCare, Husky, UnitedHealthcare, UMR–Cincinnati
Appointments & Information: 860.510.3959, 203.945.1810
Email: deeperviewcounseling@gmail.com
Website: www.deeperviewcounseling.com

NOTE: Black Rock Church makes no recommendations regarding the listed counseling resources. Because effective counseling involves both professional proficiency and a productive association between the counselor and counselee, it is not possible to determine the outcome of a specific counseling relationship.